



*Simple Ways
To BLESS Mom*

the Church



This Mother's Day, honor mom with some gifts that she really wants. Below are some practical ways you can BLESS your mom (or grandma, or aunt, or women who have had an influence on you.) If you have little kids in the house, gather them around to decide what they can do to honor the woman in your life. These tips are straight from the mouths of real moms!

*(We know the list is long - just pick one or two that works for your home.
Or -- pro-tip! -- keep Mother's Day going all month long!)*

Body

- Plan a hike or day in nature to get the family moving and disconnected from technology for a while.
- Book a massage or manicure. While mom is being pampered, tidy up the house.
- Make a plan ahead of Mother's Day to let mom sleep in.
- Does mom need some rest? Give her the remote, a cozy blanket, some tea, and take over the chores for the day.

Labor

- One mom we asked said that the best gift would be to have a few hours on Saturday to do whatever she wants while the family cleans the house. Then, on Mother's Day, she could relax with her family without feeling the need to do housework.
- Make some frozen meals. This gives mom the gift of some future nights of not having to prepare a meal. (Don't forget to clean the kitchen!)
- Does mom work from home? Freshen up her work space to make it more enjoyable/functional. Add a lamp, get her a comfy chair, add some needed storage or frame some pictures. Maybe you could create her own little coffee station next to her work area or stock it with favorite snacks.

Emotional

- Write a letter telling mom all the ways she has blessed you and the things you love most about her.
- Make a playlist of her favorite songs.
- Put together a quick book of pictures of your favorite moments with mom over the years.
- Say, "I love you." A lot. And give her a hug!





Social

- Schedule a lunch date for mom and a couple friends. (Bonus points for cleaning the house while she is gone).
- Take mom out to eat. Put your phones away and connect over a meal.
- Can't be with mom in person? Find a cafe or restaurant in her area that can deliver a meal or treats. Plan it around a video call so you can have a Mother's Day tea or meal together.
- Family game night. (This can work over video too!) Pick some of mom's favorite games to play and have a night of laughs.

Spiritual

- Pray for mom. Have everyone in the home pick a scripture that they can pray over mom, and then have a time of prayer thanking God for the blessing that she is to your home.
- Leave post-its of encouraging scripture in places that mom will see them often (bathroom mirror, front door, fridge door, etc.).
- Gift mom with a journal and a devotional. We love this book (and it happens to be written by one of our favorite authors and team members at *the Church*): *Snapshots and Stories: Increasing Awareness of God's Faithfulness Through the Practice of Journaling.* by Amy Meyer.

Moms are a gift to us from God. This Mother's Day, take time to make sure she knows just how loved and appreciated she is. *"Her children arise and call her blessed; her husband also, and he praises her."* -Proverbs 31:28

We'd love to hear from you! Share your ideas on how you are BLESSing your mom this Mother's Day on our Facebook page (www.facebook.com/livelifetogether) or send us an email at info@livelifetogether.com. Find out more about *the Church*, *online worship*, *discipleship tools* and *engagement opportunities* at www.livelifetogether.com.





BONUS PRINTABLE

Here's an easy way to bless mom this Mother's Day and teach your children to pray at the same time. Add your child(rens) handprint to a card, coaster, plate, or even a plain tote bag. Print this page, cut around the dotted line and attach this prayer card to your gift.



*Dear God,
I know you love my mom, and I love her too.
Your perfect love is in her, shining through and
through. Thank you for making her and giving
her to me. Thank you for the ways she helps me
grow into the best me I can be! She celebrates
the good things, and gives hugs when I'm teary.
Give her patience for the hard days and rest
when she is weary. Give her joy that overflows
and peace throughout the day, Because I am
grateful for this gift called MOM, in each and
every way! Amen*

