

## HOMES SPRINGING WITH LIFE: New Teamwork: Safety and Support

### Reading My Bible: 30 Things

This method of reading scripture allows space and time for the Holy Spirit to specifically speak to our hearts through God's Word. This method is better suited for shorter passages.

Read the passage a few times. Let it sit with you. As insights, ideas, questions, applications come to mind, jot them down.

This method is best done by trying to find "30 Things" in 30 minutes. Adjusting for your lifeGroup schedule, try to do either "5 Things in 5 Minutes" or "10 Things in 10 Minutes".

After each person has had time to record their ideas, spend time sharing what stood out to you. What questions did you have? How did God speak to you in his Word today? What will you do this week because of what you have read?

**PASSAGE:** [Isaiah 42:1-7](#)

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